

Fresh Fruit and Vegetable Program

2022-2023



The Fresh Fruit and Vegetable Program (FFVP)

The Fresh Fruit and Vegetable Program (FFVP) provides all children in participating schools with a variety of free fresh fruits and vegetables throughout the school day. It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options. The FFVP also encourages schools to develop partnerships at the State and local level for support in implementing and operating the program. SAISD Child Nutrition Services is proud to be participating in the Fresh Fruit and Vegetable Program.

<http://www.fns.usda.gov/cnd/ffvp/>

Goals of FFVP:

1. Expand the variety of fruits and vegetables children experience
2. Increase children's fruit and vegetable consumption
3. Make a difference in children's diets to impact their present and future health

This program is seen as an important catalyst for change in efforts to combat childhood obesity by helping children learn more healthful eating habits.

The FFVP introduces school children to a variety of produce that they otherwise might not have had the opportunity to sample. Some examples include kiwi, star fruit, and jicama. Also, this program focuses on allowing children to experience and enjoy the natural state of the fruits and vegetables such as a juicy mango slice or a sweet crisp snap pea. The snacks are served outside of school meal times allowing each school to decide its own serving time as arranged with Child Nutrition Services.



San Antonio ISD has three campuses operating FFVP.

Huppertz Elementary School

Dorie Miller Elementary School

This institution is an equal opportunity provider.

San Antonio Independent
School District
Child Nutrition Services

